

# Global Medical Experience for Future U.S. Residents

Stand out in your U.S. residency application by combining clinical skills with the cultural intelligence today's healthcare leaders need. Maximo Nivel's Medical Volunteer Program places you directly in local clinics, hospitals, and community health campaigns—immersing you in diverse patient populations and healthcare systems.

### What You'll Gain:

- Cultural Competency for Residency Success Work alongside local doctors, nurses, and public health teams to develop cultural awareness, communication skills, and empathy for patients from varied backgrounds.
- Hands-On Clinical Experience Assist in patient triage, basic procedures, health education, and preventive care.
- Cultural Immersion & Spanish Language Exposure Strengthen your medical Spanish skills while engaging with patients and healthcare staff.

## Why It Matters for Your Residency Application:

Residency programs value candidates who can connect with patients of all cultures. This experience demonstrates your adaptability, compassion, and readiness to serve in diverse clinical settings critical for providing equitable care in the U.S.

# **Program Locations:**

- Cusco, Peru Rich Andean heritage, vibrant city life, and modern-traditional healthcare contrasts.
- Antigua, Guatemala Historic charm, indigenous roots, and hands-on community health outreach.
- San José, Costa Rica Capital city healthcare system serving both urban and rural communities, with a strong focus on public health and preventive care.

Take the next step toward becoming a culturally competent physician with Maximo Nivel.



Customized programs for Med Health are also available.

## Fields of Study:

- Health Sciences
- Medicine
- Nursing
- Physical Therapy
- Pre-Med
- Public Health
- Dental

### What's included:

- Airport pick-up
- Host family accommodations
- Breakfast and dinner, 7 days/week
- Safety orientation & walking tour
- Official certificate of completion
- Letter of recommendation
- Spanish books and materials
- Spanish language tutoring table
- Tandem Conversation Program
- WiFi and computer lab
- Salsa dance classes
- Cooking classes
- Coffee and tea and onsite snack bar
- Campus is open 7 days/week + holidays
- Emergency contact number 24/7

VOLUNTEER ABROAD				
1 WEEK	\$735	\$735	\$845	
2 WEEKS	\$995	\$995	\$1,145	
3 WEEKS	\$1,195	\$1,195	\$1,445	
4 WEEKS	\$1,395	\$1,395	\$1,715	
EXTRA WEEK	\$185	\$185	\$195	

SPANISH IMMERSION 4HRS/DAY				
1 WEEK	\$140	\$150	\$430	
2 WEEKS	\$280	\$300	\$860	
3 WEEKS	\$420	\$450	\$1,290	
4 WEEKS	\$550	\$590	\$1,680	
EXTRA WEEK	\$130	\$140	\$390	



Prices above are representative only. Final tuition costs vary based on itinerary and housing preferences.