

CURRICULUM VITAE

DATE: January 2025

NAME: Nayan K. Kothari, MD, MACP, FRCP, (Edin)

OFFICE ADDRESS:

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New Brunswick, NEW JERSEY 08901

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CURRENT POSITIONS:

Chief Academic Officer Saint Peter's University Hospital	2012 -present
Chair, Department of Medicine Saint Peter's University Hospital	1996 – 6/2023
Program Director, Internal Medicine Residency Rutgers-Robert Wood Johnson Medical School	1986 – 6/2023
Clinical Professor of Medicine Rutgers-Robert Wood Johnson Medical School	1998 - present
Clinical Professor of Medicine St. George University School of Medicine	2017 - present
Clinical Professor of Medicine Drexel University College of Medicine	2005 - 2015
Visiting Adjunct Distinguished Professor Rutgers, The State University of New Jersey	2010 - present
Associate Dean for Academic Affairs Rutgers-Robert Wood Johnson Medical School	2017- present
Governor American College of Physicians - NJ Southern Chapter	2020 -present

Founder & Director 2016 - present
Simulation Lab for Interprofessional Medicine
Institute for Bedside Medicine
Institute for Technical Simulation
Saint Peter's University Hospital

Founder & Director – Clergy Health 2012 -present
Saint Peter's University Hospital

Founder & Director - Bedside Integrated Observership 2018 - present
(BIO) Program
Saint Peter's University Hospital
CITIZENSHIP: United States

EDUCATION:

Bombay University 1955
Bombay, India

Mysore University 1961
Mysore, India
MBBS

POSTGRADUATE TRAINING:

Internship 1961 - 1962
Victoria Hospital
Bangalore, India

(Rotating) 1963 - 1964
Saint Peter's University Hospital
New Brunswick, New Jersey

Residency - Internal Medicine	1964 – 1965
Saint Peter's University Hospital	Chief Resident - 1965 - 1966
New Brunswick, New Jersey	
 Postgraduate Study - Internal Medicine	 1967
University of Edinburgh	
Edinburgh, Scotland	
 Member – Royal College of Physicians – Edinburgh	 1968
 Chief Resident	 1971 – 1972
New Brunswick Affiliated Hospitals	
Saint Peter's General Hospital & Middlesex General Hospital	
New Brunswick, New Jersey	
 Fellowship – Rheumatology	 1967 - 1968
Royal Bath Hospital, University of Yorkshire	
Harrogate, UK	

ACADEMIC APPOINTMENTS:

Medicine

Drexel University College of Medicine

Clinical Professor of Medicine

July 2005 – 2015

Medicine

Rutgers-Robert Wood Johnson Medical School (Adjunct)

Clinical Professor of Medicine

1998 – present

Division of Life Sciences

Rutgers School of Arts and Sciences

Rutgers University

Visiting Adjunct Distinguished Professor

2010 – present

Program Director, Internal Medicine Residency

Robert Wood Johnson Medical School - Program B

1986 – 1995

Program A & B - Saint Peters University Hospital,

**Robert Wood Johnson University Hospital &
Medical Center at Princeton
1995 – 2005**

**Drexel University College of Medicine
Internal Medicine Residency Program at
Saint Peter's University Hospital
2005 – 2014**

**Rutgers – Robert Wood Johnson Medical School
Saint Peter's University Hospital
2014 – 6/2023**

HOSPITAL APPOINTMENTS:

**Medicine
Saint Peter's University Hospital
Attending Faculty
07/1972 – present**

**Medicine
Robert Wood Johnson University Hospital
Attending Faculty
07/1972 - present**

OTHER EMPLOYMENT OR MAJOR VISITING APPOINTMENTS:

PRIVATE PRACTICE:

**Medicine/Rheumatology
Palanpur, Gujarat, India
12/1968 – 06/1971**

**Private Practice
New Brunswick/Somerset, New Jersey
07/1973 – 01/1999**

LICENSURE: Medical Doctor / 25MA02560300 / 06/30/2025

DRUG LICENSURE:

CDS: D05993100 / 10/31/2024

DEA: AK5067930 / 12/31/2025

CERTIFICATION:

1972 Internal Medicine / 39309 / no expiration

1974 Rheumatology / 39309 / no expiration

1988 Geriatric Medicine / 39309 / lapsed

**MEMBERSHIPS, OFFICES AND COMMITTEE ASSIGNMENTS IN
PROFESSIONAL SOCIETIES:**

American College of Physicians

Master

05/2014 – present

Royal College of Physicians, Edinburgh, UK

Fellow

Association of Program Directors in Internal Medicine

Member

American Association of Physicians from India (AAPI)

Member

HONORS AND AWARDS:

Program Recognition Award

Middlesex County Healthy Heart

1992

Alpha Omega Alpha (Faculty)

Robert Wood Johnson Medical School

1992

Teaching Award (Medicine)

Robert Wood Johnson Medical School

1995

25 Year Teaching Award

Physical Diagnosis Course

**Robert Wood Johnson Medical School
1996**

**Excellence in Teaching Award
Foundation of the University of Medicine of New Jersey
1996 -1997**

**Annual Teaching Award
Robert Wood Johnson Medical School Internal Medicine Residency
Program
1999, 2000, 2001, 2002, 2003, 2004, 2005**

**Laureate Award
ACP/ASIM New Jersey Chapter
2001**

**Golden Apple Award
Drexel University College of Medicine
2006**

**Dean's Special Award for Excellence in Clinical Teaching
Drexel University College of Medicine
2007, 2010**

**Ambulatory Care Services Physician Partnership Award
Saint Peter's University Hospital
2012**

**Regina Nostra medal
Diocese of Metuchen
2012**

**Outstanding Medical Educator Award
MD Advantage
2013**

**Academic Award
Middlesex County Medical Society
2013**

Physician Appreciation Award

**Saint Peter's University Hospital
2015**

**Presidential Medal for Medical Education
Royal College of Physicians, Edinburgh
6/2023**

**Naming Right Dedication – Simulation Center for Interprofessional
Medicine
Saint Peter's University Hospital
10/2023**

**Recognition – NJ Governor, ACP Southern Region
National American College of Physicians
3/2024**

**Education Hero - Individual
2024 NJBIZ Health Care Heroes
6/2024**

**Lifetime Achievement Award
New Jersey American College of Physicians (ACPNJ)
3/2025**

**60 Year Service Award
Saint Peter's University Hospital
5/2025**

SERVICE ON INTERNATIONAL COMMITTEES:

**Society of Bedside Medicine – Board of Trustees
2021 – present**

**Society of Bedside Medicine/FAIMER
Member of Test Development Committee**

2021 – present

MRCP Exam 1 &2

Established Saint Peter's University Hospital as testing site

2018-present

Established Royal College of Physicians, Edinburgh Grand Rounds
Series at Saint Peter's University Hospital

July 2022 - present

SERVICE ON MAJOR COMMITTEES:

Governor, Southern Region

American College of Physicians New Jersey Chapter

2020 - 2024

Test Development Committee

Education Commission for Foreign Medical Graduates (ECFMG)

1996-2003

Clinical Skills Committee

American College of Physicians

2000-2002

USMLE Step 2 Committee

2004-2010

Executive Committee

American College of Physicians

New Jersey Chapter

1992 – 2004, 2010 – 2012

2018 – current

Chair, International Medical Graduate Subcommittee

American College of Physicians

New Jersey Chapter

1994 – 1996

SERVICE ON GRADUATE SCHOOL COMMITTEES:

Clinical Skills Assessment Committee
UMDNJ-Robert Wood Johnson Medical School
1996-2005

Appointments and Promotions Committee
UMDNJ-Robert Wood Johnson Medical School
2003-2005

SERVICE ON HOSPITAL COMMITTEES:

Chair, CME Committee
Saint Peter's University Hospital
1995 - present

Chair, Library Committee
Saint Peter's University Hospital
1995 - 2008

Medical Executive Committee
Saint Peter's University Hospital
1996 – 6/2023

IMRC (Internal Medicine Review Committee)
2013 – 6/2023

Established Pulmonary and Gastroenterology Fellowship Programs at
Saint Peter's University Hospital
2008

SERVICE TO COMMUNITY:

Speaker to Senior Citizen groups in the community
Topics: Arthritis, Nutrition
Periodic participation in community health fairs

Tibetan Delek Hospital, Dharamsala, India
Two weeks service 1999

Maizuru Hospital, Maizuru, Japan
One month visiting faculty 2003

Saint Peter's International Relief Team (SPIRiT)	03/2005
In Guatemala	03/2006
Eye Clinic	2007 - 2017
Saint Peter's Family Health Center	
New Brunswick, NJ	

TEACHING RESPONSIBILITIES:

Lectures or Course Directorships

Saint Peter's University Hospital	1972 - 2004
Director, Physical Diagnosis Course	2013 - present

Robert Wood Johnson Medical School	
Annual Internal Medicine Board Review Course	1998 – 2005
Rheumatology (Course Director & Founder)	
American College of Physicians	
Annual Board Review Course	
Rheumatology, Allergy, Immunology and	
Sports Medicine	1999 – present

Maintenance of Certificate (MOC) review during	
annual ACP NJ Chapter Meeting	2017 - present

Saint Peter's University Hospital	
Daily Board Review Course for Internal Medicine Residents/	
Review of MKSAP	
(Mon-Fri, 7:00 AM to 8 AM, 12 months a year)	1980 – 6/2023

Afternoon Report 2:15 PM to 3:15 PM	1986 – 6/2023
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Saint Peter's University Hospital	
Annual Board Review Course	2005 - present
Founder & Director	

Saint Peter's University Hospital	
Lectured to 3rd year students (3 hours) during every block	
rotation (Drexel University School of Medicine &	1972 – present
Robert Wood Johnson Medical School)	

Rutgers-Robert Wood Johnson Medical School
PCM Course (Patient Centered Medicine) 2014 – present

Research Training (other than Primary Mentorship)

Annual Internal Medicine Resident Research Day 2005 – 2023
Saint Peter's University Hospital &
Rutgers-Robert Wood Johnson Medical School

Introduction of PACES (Practical Assessment of Clinical
Examination Skills) 2016 - present
Examination of the Royal College of Physicians, Edinburgh
to the Internal Medicine Residency Program

Establishing a Simulation Center for Inter-Professional Learning
(Institute for Bedside Medicine & Institute for Technical
Simulation) at Saint Peter's University Hospital 2015 – 2016

Clinical Skills Course
St. George's University College of Medicine 11/2019 – 02/2020

ACPE Course (Advanced Curriculum in Communication &
Physical Examination for Medicine Residents 2018 – present

Bedside Integrated Observership (BIO) Program 2018 – present
for international medical graduates to prepare for residency

CLINICAL RESPONSIBILITIES:

Service attending 3 months/year (until 6/2023)

Developed Practice Based Learning and Improvement Program for
medicine residents

Responsible for Performance Improvement programs in the Department
of Medicine

Meraki Project (Based on the Alike Project at Johns Hopkins)

Founder & Director Clergy Health – Saint Peter's University Hospital
2012 - present

GRANT SUPPORT:

Principal Investigator

Education Foundation of America 1994 - 1996

\$100,000 to develop standardized patient program for the
Clinical Competency Center at Saint Peter's University Hospital

\$500,000 grant from the Medical Staff of Saint Peter's University
Hospital to build a Simulation Center 2014

Raised \$1.6 million to build the Simulation Center with equal
support from Saint Peter's University Hospital

PUBLICATIONS:

Refereed Original Article in Journal

“Purulent Meningococcal Arthritis in Adult”

Journal of Medical Society of New Jersey, Vol. 77, 590

“Toxic Shock Syndrome Associated with Diaphragm Use
for Only Nine Hours” Letter to *Lancet*, June 12, 1982

“Medical Education in India”, *Careers in Internal Medicine*
Volume 9, Number 2, June 1993

Books, Monographs and Chapters

Author: *Rheumatology - Board Review* - 1997, Published by
The Clinical Competency Center, Saint Peter's University Hospital

100 Years of Caring – 2009

A history of Saint Peter's University Hospital

DoukasSG, DoukasPG, UpadrastaN, KothariN. (August 27, 2021)
Abdominal Pain and Examination of Hernial Orifices: The
Forgotten Art of Physical Diagnosis. *Cureus* 13(8):e17486.

Other Articles (Reviews, Editorials, etc.) Journals; Chapters; Books;
other Professional Communications

**“Improvement of OSCE Scores by Prior Publication of
Examiner’s Checklist” - Fifth Ottawa International
Conference on Assessment of Clinical Competence,
September 1993**

**Editor: *Board Review Course* (Internal Medicine) @ WWW.Med
Connect.Com; CyberMedConnect, Princeton, New Jersey: 1996**

**Editor: *Primary Care Pearls* @ WWW.Med Connect.Com
Cybernet, Princeton, New Jersey: 1995, 1996**

**Editor: *Pearls* (Board Review Publication for the Internal
Medicine Residency Program - Robert Wood Johnson Medical
School, New Brunswick, New Jersey 1995 - 2005**

PRESENTATIONS:

**The Annual John Kangos Lecture
“Bad Apples or Bad Barrel”
Department of Pediatrics
Saint Peter’s University Hospital 2005**

**The Annual Hadley Conn Lecture
“The Rise and Fall of Clinical Medicine”
Robert Wood Johnson Medical School 2005**

Grand Rounds by invitation

**Hahnemann University Hospital
Raritan Bay Medical Center, Perth Amboy, NJ
Saint Barnabas Medical Center, Livingston, NJ
Wyeth Corporation, Collegeville, PA
Holy Name Hospital, Teaneck, NJ
Princeton Medical Center, Princeton, NJ
Garnet Health Medical Center, Middletown, NY
Saint Peter’s University Hospital**